



SPA

SPA & Wellness

Our in-house cabin is a comfortable
alternative with flexible scheduling.

CASA POLANCO

MASSAGES

Relaxing

One of our favorite therapies. With a unique combination of techniques, this therapy will help you to release the tension in your muscles. Ideal after a long trip, a very busy week or just to enjoy better your stay.

Deep Tissue

This therapy will reach, with the right moves and the adequate pressure, the deepest layers of the muscles. It is just what you need for your nervous system, your muscles and to release the tension.

Sports Massage

With a combination of deep tissue therapy and stretching movements, this massage will release the pain and improve your flexibility. The perfect treat before and after a long sports session.

60 minutes 106 USD | 90 minutes 154 USD

After your massage, treat yourself with a freshly made herbal infusion either hot or cold, a mimosa or a glass of Prosecco and a little tray of sweet or savory snacks. Courtesy of Casa Polanco.

FACIALS

Aqua Immersion

By Natura Bissé

Exfoliation – Hydration-Nourishing This treatment will restore the beauty of your skin, based on the 3R's: renew, reverse and repair this facial results in a never-seen before glow on your skin

Deep Cleansing

By Natura Bissé

Purifying – Cleansing – Renewing Treat your skin with this facial, based on a double exfoliation that will remove any make up residue.

Teens

By Natura Bissé

Cleansing – Purifying Recommended for teenagers that need to clean and remove imperfections on their skin.

Lotus Experience

By Foreo

Exfoliation – Hydration-Nourishing This treatment will restore the beauty of your skin, based on the 3R's: renew, reverse and repair this facial results in a never-seen before glow on your skin

Energizing C+C

By Natura Bissé

Purifying – Cleansing – Renewing Treat your skin with this facial, based on a double exfoliation that will remove any make up residue.

The Ultimate Grooming

Facial for him by Natura Bissé

Cleansing – Purifying Recommended for teenagers that need to clean and remove imperfections on their skin.

60 minutes 143 USD

After your massage, treat yourself with a freshly made herbal infusion, a mimosa or a glass of Prosecco and a little tray of sweet or savory snacks. Courtesy of Casa Polanco.

NaturaBissé
Barcelona

[comfort zone]

SCAPE 

These therapies can be performed at the spa cabin or into your room. Please let us know when booking. Please take note that the reservation must be confirmed at least 4 hours prior.

This prices do not include 16% Taxes and 10% Service Fee